

INTERNATIONAL SOCCER TOUR 2026 - ITINERARY

STING SC



LISBON AND PORTO PORTUGAL



July 27 – August 4, 2026



Portugal – Lisbon and Porto

ACCOMMODATION

JULY 28-30, 2026
LISBON, PORTUGAL
RAMADA BY WYNDHAM LISBON
AV. ENG. ARANTES E OLIVEIRA 9
1900-221 LISBOA, PORTUGAL
TEL. +351 21 843 4200
WEBSITE: [CLICK HERE](#)

WI-FI COSTS:

Free

MEALS:

Daily breakfast and dinner are included.

First meal: Dinner July 28, 2026

Last meal: Breakfast July 30, 2026

Both meals will be served at your accommodation.

Please note that drinks (such as bottled water, sodas) during the meals are not included. We have requested with the caterers that our groups are served with tap water at dinner. Tea, coffee, milk & juice are included at the breakfast buffet.

PREMIER INTERNATIONAL TOURS REPRESENTATIVE:

Name - Tel. - TBA

ACCOMMODATION

JULY 30 – AUGUST 4, 2026

PORTO, PORTUGAL

TRYP PORTO EXPO HOTEL

ROTUNDA DA EXPONOR, LEÇA DA PALMEIRA

4450-801 MATOSINHOS, PORTUGAL

TEL. +351 22 999 0000

WEBSITE: [CLICK HERE](#)

Wi-fi costs:

Free

MEALS:

Daily breakfast and dinner are included.

First meal: Dinner July 30, 2026

Last meal: Breakfast August 4, 2026

Both meals will be served at your accommodation.

Please note that drinks (such as bottled water, sodas) during the meals are not included. We have requested with the caterers that our groups be served with tap water at dinner. Tea, coffee, milk & juice are included at the breakfast buffet.

PREMIER INTERNATIONAL TOURS REPRESENTATIVE:

Name - Tel. - TBA





PROGRAM

MONDAY, JULY 27, 2026

Group 1: See your e-tickets:

02:25pm Departure flight American Airlines AA1100 from Dallas Fort Worth International Airport (DFW) to Philadelphia International Airport (PHL).

06:52pm Arrival at Philadelphia International Airport (PHL).

09:05pm Departure flight AA 258 from Philadelphia International Airport (PHL) to Lisbon Humberto Delgado Airport (LIS).

Group 2: See your e-tickets:

12:25pm Departure flight Air Canada AC1070 from Dallas Fort Worth International Airport (DFW) to Montréal-Pierre Elliott Trudeau International Airport (YUL).

05:10pm Arrival at Montréal-Pierre Elliott Trudeau International Airport (YUL).

09:45pm Departure flight AC 812 from Montréal-Pierre Elliott Trudeau International Airport (YUL) to Lisbon Humberto Delgado Airport (LIS).

TUESDAY, JULY 28, 2026

09:05am Arrival flight AA 258 at Lisbon Humberto Delgado Airport (LIS) – Group 1

09:20am Arrival flight AC 812 at Lisbon Humberto Delgado Airport (LIS) – Group 2

After passing through customs at Humberto Delgado Airport your group will be met by Gonçalo Moura (recognizable by a Sting SC sign). Gonçalo Moura will accompany you to your bus, onto your hotel and will stay with you for the duration of your time in Portugal.

10:30am Transfer to Belém/ Restelo area.

Explore the highlights of Belém: Belém Tower, Jerónimos Monastery (**tickets required to get into the Monastery Children under 12: Free of charge and Adults (12+): €35 per person**), Padrão dos Descobrimentos and the famous Pastéis de Belém.

Free time for lunch (**lunch on your own**)

15:30pm Transfer to Ramada Hotel.

16:00pm Arrival at your accommodation and check-in

17:30pm Opening Meeting. Trip Planning meeting with Gonçalo Moura and introduction to the Guide.

19:30pm Evening dinner (buffet style).

GENERAL NOTE ABOUT PROGRAM PARTICIPATION:

Families are not obligated to partake in all excursions / planned activities, but any deviations will require you to schedule your own transportation as necessary. All soccer activities (clinics and games) are non-negotiable.

WEDNESDAY, JULY 29, 2026

08:30am Breakfast.

09:00am Transfer to SL Benfica Youth Academy

10:00am Training session with SL Benfica Coaches.

Players: 59

Groups:

Boys 2014 + 2016

Girls 2014

Girls 2016

11:45am Tour SL Benfica Youth Academy

12:30pm Lunch (at SL Benfica facilities – **pending confirmation**)

13:15am Transfer to Estádio da Luz (SL Benfica Stadium)

14:00pm Estádio da Luz Stadium Tour

16:00pm Transfer to Lisbon City Center

16:30pm Enjoy free time to explore Lisbon at your own pace. Have lunch in the area and discover iconic sights such as Alfama, St. George's Castle, Lisbon Cathedral, and Bairro Alto.

19:30pm Transfer to Hotel Ramada

20:30pm Dinner (Buffet Style)

THURSDAY, JULY 30, 2026

07:30am Breakfast.
08:00am Check-out at Ramada by Wyndham Lisbon
08:30am Transfer to GDS Cascais Facilities
09:00am GDS Cascais Club Tour and Presentation
09:30am Training Session with UEFA Pro Coaches
11:30am Transfer to Cascais
12:00pm Free time and Lunch (**lunch on your own**) in Cascais.
14:30pm Transfer to TRYP Porto Expo Hotel
18:30pm Check-in
20:00pm Dinner

FRIDAY, JULY 31, 2026

08:30am Breakfast.
09:00am Transfer to Ribeira District
10:00am Enjoy free time walking through Porto's historic center, exploring its iconic landmarks, picturesque riverside, and breathtaking viewpoints.
14:00pm Transfer back to Hotel
Rest time
17:15pm Transfer to AC Pedroucos (Boys Group)
18:00pm Boys Friendly Games
18:00 - 19:00 2014B - 4x 15 min
19:00 - 20:00 2016B - 3x 20 min + 3 guest players
18:45pm Transfer to Rio Tinto Sport Club (Girls Group)
19:30pm Girls Friendly Games
19:30 - 20:30 2014G - 4x 15 min
19:30 - 20:30 2016G - 3x 20 min
20:15pm Transfer to Hotel (Boys Group)
20:45pm Transfer to Hotel (Girls Group)
21:00pm Dinner.

SATURDAY, AUGUST 1, 2026

08:30am Breakfast
09:00am Transfer to UD Lavrense Club
10:00am Boys and Girls Friendly Games
10:00 - 11:00 2014B - 4x 15 min
10:00 - 11:00 2014G - 4x 15 min
11:15 - 12:15 2016B - 3x 20 min + 3 guest players
11:15 - 12:15 2016G - 3x 20 min
13:00pm Transfer to Praia Matosinhos
13:30pm Lunch on your own and free time at Praia Matosinhos area
17:00pm Transfer to Hotel
20:00pm Dinner

SUNDAY, AUGUST 2, 2026

08:30am Breakfast
09:00am Transfer to *pending last club to confirm games*
10:00am Boys and Girls Friendly Games
10:00 - 11:00 Format: 2014B - 4x 15 min
10:00 - 11:00 Format: 2014G - 4x 15 min
11:15 - 12:15 Format: 2016B - 3x 20 min + 3 guest players
11:15 - 12:15 Format: 2016G - 3x 20 min
13:00pm Transfer to Hotel
Free time for Lunch

Optional activity (Extra cost): Visit Museum and FC Porto Stadium (admission fee € 35-40 per person which is not included).

15:00pm Transfer to Estadio do Dragão (FC Porto)
16:00pm Tour Museum and FC Porto Stadium
18:30pm Transfer to Hotel
19:30pm Dinner

MONDAY, AUGUST 3, 2026

- 08:30am Breakfast.
09:15am Transfer to AC Pedrouços
10:00am Training Session with UEFA Pro Coaches.
Players: 59
Training Groups:
2014B + 2016B 4x players
2014G
2016G
12:00pm Transfer to Aveiro
13:00pm Explore the "Venice of Portugal" walking through Aveiro's picturesque canals, historic center and vibrant waterfront, followed by a visit to the colorful seaside village of Costa Nova.
Optional activity: Moliceiro Boat Cruise (approx. € 25-35 EUR per person which is not included)
19:00pm Transfer to Hotel
20:30pm Dinner (buffet style)

TUESDAY, AUGUST 4, 2026

- 04:00am Breakfast **(hotel has confirmed will open the restaurant)**
06:00am Transfer to Humberto Delgado Airport (LIS).
09:00am Arrival at Humberto Delgado Airport (LIS).

Group 1: See e-tickets
11:05am Departure flight American Airlines AA 259 from Humberto Delgado Airport (LIS) to Philadelphia International Airport (PHL).
01:45pm Arrival at Philadelphia International Airport (PHL).
04:22pm Departure flight AA 2356 from Philadelphia International Airport (PHL) to Dallas Fort Worth International Airport (DFW).
07:09pm Arrival at Dallas Fort Worth International Airport (DFW).

Group 2: See e-tickets
11:25am Departure flight Air Canada AC 813 from Humberto Delgado Airport (LIS) to Montréal-Pierre Elliott Trudeau International Airport (YUL).
01:50pm Arrival at Montréal-Pierre Elliott Trudeau International Airport (YUL).
06:25pm Departure flight AC1071 from Montréal-Pierre Elliott Trudeau International Airport (YUL) to Dallas Fort Worth International Airport (DFW).
09:34pm Arrival at Dallas Fort Worth International Airport (DFW).

GENERAL INFORMATION:

SKELETON ITINERARY:

This is a skeleton itinerary only. The definite day to day program will be discussed with you upon arrival. The organized playing times and dates of your games and/or clinics and receptions must be honored.

BANKS:

Please note that banks in Europe are usually closed at weekends. We strongly recommend that you do not utilize traveler checks but use any or all of the following – ATM / Debit Card, Euro pre-paid cards, Credit Cards and take cash. Please take enough funds to cover the first few days, as precious time is wasted if most of your group needs to access cash on arrival.



VERY IMPORTANT:

Most countries now require travelers to have a passport that is valid more than 180 days after your return date. If your passport expires within 180 days of your return date you should apply for a new one ASAP.

COPIES OF PASSPORTS:

We also strongly recommend that your group's coach or team manager collects copies of all travelers' passports and, where applicable, paper airline tickets, prior to departure in case of theft or loss.



STUDENT ID:

If you are with a student group, please ensure all people in your party bring their Student ID as this will give access to many discounts on entry fees to various attractions.

ENTRANCE FEES:

Entrance fees, parking fees, unless otherwise stated, are not included.

SOCCER BALLS:

Soccer balls will only be provided for the games. Please bring your own soccer balls for training sessions and/or clinic sessions.



CHECK YOUR TICKETS:

Please ensure that you cross-reference your airline tickets with your itinerary as departure times and flight numbers may have been amended since your itinerary was forwarded to you, and, if in doubt, check with your airline directly. Make sure the name on the ticket is exactly the same as on the passport.



DELAY:

In case of delay caused by flight or transport issues, please advise our Representative as soon as possible if any amendments are required, so they can adjust your arrangements wherever feasible. The contact information /phone number of this representative is included in the itinerary in this document.

AVAILABILITY OF ROOMS:

Most flights from the US to Europe will arrive between 6.00 – 11.00 a.m. European times. However, please note that most hotel bedrooms will only become available between 2.00 and 3.00 p.m., so it is not always possible to check into your hotel room as soon as you arrive at your destination. Your local Representative will suggest a light excursion to occupy your group until your rooms are prepared.

GENERAL TOUR INFORMATION AND TOUR PREPARATION:

Please review your [Team Website](#) and our [Travel Guide](#). If problems arise during the tour, please liaise with your local Representative immediately.

SECURITY DEPOSIT:

Some accommodation may require a small security deposit to be paid on arrival. The security deposit is to be held only in the event of damage by your team to any of the accommodation's property. Upon checking out, your deposit will be returned.



SEAT BELTS:

All passengers, by law, must always wear seat belts on all bus transportation when in Europe. Premier International Tours, its partners and suppliers, will not be held responsible for any loss, damage or injury caused to anyone ignoring this regulation.



GROUND TRANSPORTATION:

During your entire stay in Europe a private bus will be available exclusively for your group. The motor coach can be used for excursions and all local transportation (such as transfers to/from the friendly game locations and for sightseeing). You have a maximum of 700 kilometers available. Please check out the information about the use of a toilet on the bus (if available) as per your tour confirmation.



RESTRICTIONS BUS TRANSPORTATION:

The following restrictions have been set by the European transportation departments:

- The bus driver can drive a maximum of 9 hours per day. Twice a week the driver may use the bus for 10 hours. This is usually used for long transfers from country to country.
- Each day the bus driver must have an 11-hour rest period between his transportation duties.
- During transfers every 4 hours the driver must make a 45-minute required rest stop.

We kindly ask you to be aware of these rules. Please note that if you arrange an excursion which involves parking fees, these fees must be paid by the group.

The rules for using a toilet on the bus if available:

It is generally advisable to only use the toilet on a bus while it's stopped, or at least slowing down significantly, especially in Europe. Here's why:

1. Safety: Moving around a bus while it's in motion can be dangerous due to sudden bumps or turns, potentially causing falls or injuries.
2. Bus company policies: Many bus companies strongly recommend against using the toilet while the bus is moving, primarily for passenger safety and also because the holding tanks are usually only emptied at the end of the trip.
3. Varying regulations: While some individual bus companies might explicitly state that their onboard toilets can be used while moving, other sources indicate that in Europe, it's mandatory for the driver to park the bus before the facilities can be used. It's best to err on the side of caution.

In case of emergency:

1. Communicate with the driver or guide: If you have an urgent need to use the toilet while the bus is moving, you should inform the driver or tour guide.
2. Potential for emergency stops: In emergency situations, drivers may make an unscheduled stop at a gas station or other suitable location where passengers can safely use a restroom.

Important note: Buses in Europe are generally required to take breaks every 2-2.5 hours, providing opportunities for passengers to use restrooms at designated stops. These planned breaks are usually sufficient for most passengers.



AIRLINE RESERVATIONS:

Premier International Tours has partnered with Best Group Airfares who makes all your airline's reservations. In case of any questions concerning your airline reservations **prior** to the tour please contact Premier International Tours. (303) 768-0891) From the day of departure until your return you can contact the 24-hour emergency line of Best Group Airfares at 786-232-0932. We request that only the group leader(s) call them (Stuart Hilton) and use the group ID Sting Soccer Club Group.

CHECK-IN AND SEAT ASSIGNMENTS:

Groups have blocked seats made at the time when the deposit was paid. Seat requests are accepted, but passengers cannot access their reservation online to make any changes to their seat assignments since it is a group booking. Many times, travelers are not able to check-in online for their flight, check-in will have to be done as a group at the airport upon arrival. We will e-mail you detailed information about check-in once tickets are issued.

INFORMATION FOR FLIGHTS IN CASE OF FLIGHT CHANGES OR CANCELLATIONS:

Please note that your group is booked through the group departments of airlines under group fare guidelines and conditions. Many times, we must go through the group department of the airline to change flights for the group or individual passengers, etc. Therefore, please follow these guidelines regarding any flight cancellations or changes during the trip.

- In case of any flight delays that will cause to miss the flight connection or any flights that are cancelled, always first work with an airline representative at the airport to fix the issue and get the group on other flights.
- If any individual wants to change flights (dates only, routing changes not permitted), then that individual should contact the airline first to see if the change can be made. If the change cannot be made by the airline, contact us and we will contact the airline group department and attempt to make the change. Please note that the group departments of airlines are closed at the weekends, so we have some limitations.

**TOUR MANAGER:**

A tour manager will be with your group throughout your stay. Your tour manager will help plan your daily schedule and help in the event of any unforeseen problems or changes. **This tour manager is not a professional city tour guide** although he or she will have a general knowledge of the cities you are staying in and the surrounding areas.

It is very important that the group leader sits down with the tour manager upon arrival to discuss the daily program and sightseeing activities planned. Then, during the trip the group leader should also discuss each day with the tour manager the program for the next day in case of any last-minute changes so the tour manager can communicate any changes to other parties (hotel staff for meals, bus driver, etc.)

Please note that it is customary to tip the tour manager at the end of the trip if he or she has done a good job. We recommend collecting approx. **\$20.00-\$30.00** per person (local currency) for each tour manager for the trip.

Bus Driver:

It is also customary to tip the bus driver if you have a private bus throughout the trip and the same bus driver throughout the trip.

We recommend approx. **\$10.00-\$15.00** per person.

**LAUNDRY:**

Please consult your tour manager about laundry services upon arrival. Hotels usually offer an outside company to provide their laundry services for them but be aware that these services can often be quite expensive. There will likely be a self-service Laundromat near your accommodation.

**SIGHTSEEING ACTIVITIES/EXCURSIONS:**

Sightseeing activities/excursion were suggested/provided in the original itinerary outline sent to the group leader, so please check this itinerary for the sightseeing program. If you have any specific wishes, please consult us no later than 90 days before departure. For groups participating in tournaments, sightseeing excursions and activities are included on the tournament information sheets, and we recommend you plan the sightseeing program once you know your tournament game schedule (tournament schedules usually known approx. 1-2 weeks out). Please note that sightseeing entrance fees are not included unless otherwise stated in the original itinerary outline sent to the group leader.

CARRY-ON LUGGAGE:

WE RECOMMEND THAT YOU TAKE MEDICATION WITH YOU IN YOUR CARRY-ON INSTEAD OF YOUR CHECKED SUITCASE.

WATER AND MEDICAL KIT DURING YOUR SOCCER ACTIVITIES:

Please make sure all players bring their own water supply to games and clinics. Our tour manager will advise your group on the best places to buy this. We recommend that your group always has a medical kit with them.

**PREMIER INTERNATIONAL TOURS 24/7 EMERGENCY CONTACT INFORMATION:**

In case of emergencies (mainly when you are dealing with issues within the USA or matters you cannot resolve with our local – at your destination - staff) please contact 303-522-5531.

LAND ARRANGEMENTS:**eSelle Sports Management**

Suite B, V12 Merlin Park, Ringtail Road,
Burscough, L40 8JY
England

Tel. 00 44 (0) 1257 450 991 (office)

Mobile. 00 44 (0) 7429 056 371

GAME EQUIPMENT NOTE:

Please make sure players bring soccer shoes for both grass and artificial grass.

